

# First Aid Essentials in Health and Social Care

The purpose of this course is to give you the confidence to handle an emergency situation where someone may need your help. The course will assist you in developing the skills necessary to assess the scene of an incident, carry out lifesaving checks on a casualty, give first aid if necessary and whilst doing this, keep yourself safe.



## Course details

- Four modules with four multiple-choice questionnaires
- Four CPD credits\*
- Optional narration of the course modules and questionnaires for accessibility
- Personalised downloadable certificate
- 70% pass mark
- Printable modules for future reference

\*1 CPD credit equals up to 1 hour of learning

## Course content

### Module 1 Adult Primary Survey and CPR

- The responsibilities of a first aider including information on consent.
- A look at DR ABC, which stands for danger, response, airway, breathing and circulation.
- Steps to take when performing rescue breaths.
- Using an AED/Defibrillator.
- The recovery position.

### Module 2 Child and Infant Primary Survey and CPR

- Performing CPR on a child or infant.
- Using an AED/defibrillator on children and infants.
- A recap of DR ABC, and applying it to infants and children.





## Continued

- Recovery position for a child or infant, including helpful illustrations.
- Extra information for health workers.

### Module 3 Other Life Threatening Conditions

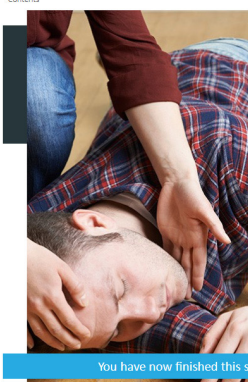
- What to do for an adult or child over one year old who is choking.
- What to do for a baby under one year old who is choking.
- Different types of bleeding and what to do.
- What to do when someone goes into shock.
- Seizures and what to do.
- Anaphylaxis including a list of common allergens, and what to do.

### Module 4 Other Incidents, the First Aid Kit and Recording

- What to do for minor injuries including cuts and grazes, bruises, nose bleeds, minor burns and scalds, and splinters.
- Recognising stroke symptoms including details on the F.A.S.T. test.
- Heart attacks and what to do.
- What to keep in a First Aid box.
- Reporting and recording incidents.
- Your employer's responsibility including a look at some helpful legislation.



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### Recovery position

The recovery position is used in situations where the casualty is unconscious. The casualty lies on their side in such a way as to prevent them rolling onto their back and their airway remains open. Drag the red cross to the person to see each of the steps.



Bring their other arm across their chest, hold the back of this hand flat against their cheek.

You have now finished this section, click the 'Home' button to return to the main menu.

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### Use of an AED/Defibrillator on children



#### Step 1

Open the AED/defibrillator and switch it on. The machine will speak to you and give you instructions on what to do. Click the green button on the defibrillator to see the next step.

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### Recovery position for the child

The recovery position is used in situations where the casualty is unconscious. The casualty lies on their side in such a way as to prevent them rolling onto their back and their airway remains open. For the child use the same technique as you would use for an adult.

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## This course is suitable for

Anyone who works in health and social care. This course will not qualify you as a First Aider; you will need to attend a specific First Aid Course for this, which will include practical as well as knowledge assessments.



## Key features

- Visually engaging and highly interactive
- Videos to highlight key learning points
- Answer explanations for those who achieve the pass mark

## Purchase options

1. Available as a standalone course on the EduCare website.
2. Buy as part of one of our EduCare multi-course licences. For further information, please call 01926 436212 to discuss purchase options and licences.



## Why choose us?



“Remploy and EduCare have worked together for many years and we are pleased to endorse their new and innovative safeguarding e-learning course for adults. Safeguarding is paramount in this industry and we are keen to support any new initiatives that offer this guidance.”

Adrienne Atkin  
Senior Safeguarding Manager, Remploy

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